

Lady Warrior-Athletics Summer schedules!



Conditioning and Speedwork

8:00-9:00 am 6th, 7th, 8th, 9th, 13th, 14th, 15th, 16th of July

Basketball sports specific

9:00-10:00 am 6th, 8th, 13th, 15th of July (Monday and Wednesdays)

Volleyball sports specific

9:00-10:00 am 7th, 9th, 14th, 16th of July (Tuesday and Thursdays)

Open Gyms will be nightly 7:00-8:00 pm July (Monday through Thursdays)

Volleyball - Mondays and Wednesdays

Basketball- Tuesdays and Thursdays

TRY OUTS

Basketball- 20th, 21st, 22nd, 23rd

Jr. High 8:00am-10:00 am

High School 10:00am -12:00pm

Volleyball- 27th, 28th, 29th, 30th

Jr. High 8:00am-10:00am

High School 10:00-12:00

General Information- If you had a valid physical for the 2019 school year you are not required to get a new physical for the 2020-2021 school year. Unless you have had a surgery or under a doctors care, if so then you would need a new one!

All incoming 7th grades will need a physical.

COVID medical screenings will be done before anyone can participate in summer activities.

Please be prepared for no access to Locker Rooms so come ready to go!

Have a 1 gallon jug of water for your own use, no sharing of water will be allowed. Have outside shoes and also bring inside shoes available.

All students participating in summer activities will need to join the Team App! We will do our medical screening and have updates on the calendar found on the App. I have attached the instructions on how to get on the app. Our Team Name is Lady Warriors -TSYWL

Volleyball --The first week in August

There will be High School Volleyball practice from 6:30-7:30pm 3rd,4th,5th, 6th at a different location than Talkington High school. (TBA) But please make sure you make arrangements to be at practice if you make a High school team. There will also be practice at Talkington on the 10th, 12th, and 13th at 6:30-8:00.

First Games are on the 7th and 8th for High School Volleyball

There will be Junior high practice from 5:00-6:30 on August 10th, 12th, and 13th at Talkington school. First Junior High Game is on August 17th!