

Mental Health & Counseling

Coach Garcia

Rm #155

alicia.garcia@lubbockisd.org

*Office Hours: 7-8th period or
7:30am-8am before school.*

Appointment required.

Handing in Assignments

Always hand
assignments in assigned
box! Never set on my
desk, or hand to me.
PLEASE!

SUPPLIES NEEDED FOR CLASS

Something to write with
Composition book (I will provide)
2 packs of notecards
**Chromebooks daily! (completely
charged)**

Attendance

Students with excused absences are expected to make up the missed work in a reasonable amount of time. It is the student's responsibility to inquire about work missed, and make arrangements for making up the work. Google Classroom will be the best resource for missed work!

**We Are
ESTACADO!**

What's this class about?

Topics and pacing may change due to the nature of the course. Projects and activities we will be doing will include (but not be limited to) the following:

During the 1st Semester we will cover the following topics to include several Guest Speakers:

- History of Mental Health
- What is Mental Health
- Important/Famous Psychologist
- Stigmas of Mental Health
- Watch Stonehearst
- Brain model
- Nervous System
- Brain Injuries
- Movie about Concussions
- Family Health Issues
- Dating and Marriage
- Do a Dating Contract
- Abusive Relationships
- Positive Relationships
- Child Abuse
- Salem Witch Trials
- Roadblock to Mental Health
- Famous People with Mental Health
- Communication in Relationships
- Addiction
- Personality Disorders

The Routine

Attendance/Bell Ringer
Objectives for the day
Lecture/Activity
Cleanup/Exit Ticket

Expectations

Be respectful of peers, equipment, and facility.

Be safe, do not touch others belongings!

All drinks must have a lid. No outside food may be brought into the classroom.

Be prepared! Have all class materials. You will not be allowed to leave to get chromebooks or other items.

Cell phones are NOT allowed to be used during class time!

Students will turn in cell phones to a box with Coach Garcia everyday before class. This box will be locked up until the end of the class period.

***District Policy is that cell phones are to be put up and turned off during class periods. This will be enforced here at Estacado!**

***Anything subject to change by Coach Garcia!**

Let's enjoy our time together! I look forward to having you in my class!

Grading Policy

I take 8-10
grades per 9
week grading
period.

All
assignments
are equally
weighted.

***This syllabus is to be signed by your Parent/Guardian!**

I have read and understand the requirements and expectations for this course and I will do my best to attend class every day, participate, and complete the required work for the course on time.

Date

Student Signature

I have read and understand the requirements and expectations for this course and I will do my best to support my child in regular attendance and completions of required work for this course.

Parent/Guardian Information:

Name: _____

Email: _____

Phone: _____

What is your preferred method of communication?

_____ AM or PM?

Parent/Guardian Signature

Date