



Student Health Services  
Telephone: (806) 219-0466  
Fax: (806) 766-6680

Dear Parents,

In order to minimize the number of children that are ill, we ask you to please adhere to the following guidelines when making your decision to send your child to school or return to school after an illness.

- 1. Fever free for 24 hours.** If your child had a fever greater than 100.4 ° during the afternoon or night before school, they must stay home the next day and may not return to school until they have been fever-free for 24 hours without the use of fever suppressing medication. Giving your child Tylenol or something similar and then sending them to school is not appropriate. It temporarily masks your child's illness and does not indicate recovery from an illness.
- 2. No vomiting or diarrhea for 24 hours.** If your child vomited in the early morning hours (after midnight) or as they were getting ready for school, they need to stay home. Vomiting is a significant indication of illness, regardless of whether the child states they feel better or not. Diarrhea is described as loose, runny, frequent stool. A stomach virus is often accompanied by diarrhea. Students must remain home until diarrhea has stopped without the use of diarrhea suppressing medication.
- 3. Communicable diseases.** Any illness diagnosed as communicable requires a doctor's note for re-admittance. For those illnesses not necessarily requiring a doctor's visit (such as chicken pox), school exclusion guidelines established by the Texas Department of State Health Services will be used to determine a re-admittance date. Please contact me if you have any questions.
- 4. Need for medication at school.** All medications that must be administered at school must be brought to the clinic by the parent or guardian, stored in the clinic and the LISD medication administration request form completed. You may obtain this form from the campus or the LISD Student Health Services web site. The LISD Student Health Services policy prohibits the school nurse from sending medication home with your child any time during the school year. Therefore, all medication must be picked up by a parent or guardian on or before the last day of school or it will be destroyed. No medication will be left in the clinic during the summer months.

These guidelines have been designed to give your child adequate time to recover as well as keep our students, faculty and staff as healthy as possible. If you have any questions, please feel free to call me.

Thank you,

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School/Campus Nurse

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Phone