

## LISD School Health Advisory Council (SHAC)

### Annual Report 2017-2018

**Authority:** Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Lubbock Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal), EHAA (legal),

**Purpose:** The SHAC is an advisory body, and shall serve to review, provide guidance, and make recommendations regarding health and safety issues within the District to the Board of Trustees. The SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending: 1. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes; through a coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco. 2. Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness.

**Responsibility:** Policy BDF {legal} requires that the board approve the membership of the SHAC. A majority of the members must be parents of students enrolled in the district who are not employed by the district. The SHAC shall meet at least four times each year.

**Meetings held:** July 11, 2017, September 27, 2017; November 1, 2017; December 6, 2017; January 17, 2018; March 21, 2018 and May 16, 2018

**Members:** Allison McGough, Becky Geist, Douglas Klepper, MD, Frances Lofley, Gloria Merton, Katherine Wells, Keely Gnagy, Kimberly Hamilton, Lorissa Ramos, Madeline McClure, Melissa Benitez, Nancy Trevino-Schafer, Stephanie Grunklee, Tarrah Moreno, Tavia Hatfield, Emie Young, Ann Hamilton, Andy Black. LISD members: Beatrice Hernandez, Hollye Ladd, Johnna Weatherbee, Lori Johnson, Paulett Rozneck, Dorthery West, Theresa Williams, Charlotte Sessom.

### **Accomplishments and Activities during 2017-2018:**

- Information from SHAC meetings posted on LISD website
- SHAC in compliance with Texas Department of Agriculture, food and nutrition changes.
- Summer Feeding programs will open starting May 29, 2018.
- Informed that the Fresh Fruit and Vegetable Program (FFVP) has been reworked and updated produce and recipes were implemented
- Supported the TEAL Pumpkin Project presented by Texas Tech University Nursing Programs. Several elementary schools included the Teal Pumpkin at their Harvest/Halloween Festivals.
- Recess Guidelines concerns voices about adherence to guidelines
- Stop Human Trafficking approved by Superintendent Dr. Rollo and Board of Trustees; Get Help/Get Out stickers are to be in all bathroom stalls at all secondary and alternative schools to include athletic facilities and venues. Education for all LISD staff will begin in August 2018.