

Referral Resources

Phone Contacts

Catholic Family Services 24 hour crisis counseling
1-800-530-4704

CONTACT Lubbock Crisis Line
765-8393 or 1-800-784-2433

National Suicide Prevention Lifeline
1-800-273-TALK (8255) (Spanish available)

Youth American Hotline
1-877-968-8454

Youth Crisis Hotline
1-800-442-HOPE (4673)

1-800-SUICIDE (784-2433)

Websites:

Suicide Hotlines: www.suicidehotlines.com

Suicidal-Database of Resources: www.suicidal.com

Suicidal Referral: www.befrienders.org

National Institute of Mental Health: <http://nimh.nih.gov>

Agencies and Other Organizations

Star Care (formerly Lubbock Regional MHMR)
1950 Aspen Avenue
740-1414 – 24 Hour Crisis Line

UMC Emergency Room

Acadia Residential Treatment Facility (Abilene)
1-800-335-3498 or 1-325-513-8800 for direct number to mobile assessment unit

BCA Permian Basin (Midland)
1-877-821-1758

Children's Hope Day Treatment Program (Lubbock)
2402 Canyon Lake Drive
762-5782

The Pavilion – Residential Treatment Facility (Amarillo)
1-800-357-2585

Individual Counseling/Group Support

Catholic Family Services – individual and family counseling
102 Ave. J
765-8475

Covenant Counseling Center
725-5443

Family Counseling Services of Lubbock
747-3488

Texas Tech University Family Therapy Clinic
6803 Indiana Ave.
780-0003

Texas Tech University Psychiatry Clinic
18th & Boston, 1st floor, room 111
743-2800

Grief Support Groups

Hospice of Lubbock (Rocky Roads – children, Walking Together – adults)
795-2751

Heartbeat (support group for loved ones who have lost family member to suicide;
Contact Lubbock 765-8393 – group meets at Lakeridge UMC)