

SHAC meeting Notes

3/22/2022

Attendees: Katherine Wells, Paulette Rozneck, Charlette Sessom, Stacy ..., Jason Van Allen, Susan ..., Nancy Trevino, Christa Ritchey, Seydia Adkins, Melissa Benitez, ??, Lori Lorenz Johnson, and Becky Geist

Start 12:11pm

Katherine Wells – intro

Old Business:

New SHAC Guidelines

- Questions or comments
- Info shared: Physical activity, school wellness, school health, counseling, health and safe school environment, physical education or physical activities
- Policies updated prior to COVID
- Old Committees
 - Nutrition / Food
 - Staff health promotion
 - Health
- Recommendation that there is an adult and child focused groups
- Recommended that each have adult and child goals for each section
- Health and Wellness plan encompasses all – reported by Lori
- Lori will help with organizing info from subcommittees for the required Health & Wellness plan
- Suggested 3 committees – Adult, Student, and Nutrition

- Recommendation of 3 committees – 1. Adult, 2. Student, and 3. Food & Nutrition – motion for vote
- Vote taken and passed

- C1 -Food & nutrition
 - Lori – Chair
 - Jessica
 - Susan

- C2- Adults
 - Seydia
 - Nancy
 - Becky
 - Stacy

- C3- Students
 - Jason
 - Jennifer
 - Charlotte
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Brief Description of what the group plans to do with proposed action items & who chairperson is and what they might need from SHAC for support

- Next meeting April 12th
- Committees will meet before next meeting

Tobacco survey

- Scheduled Dates shared with the group
- anonymous paper surveys to be collected
- Letters sent to parents by mail the Friday before spring break – passive consent
- Tobacco & Alcohol use covered in survey
- Each school gets \$500 for participating
- Coronado –
- LHS – 320 students
- Q: vape or MJ, illicit drugs?
- Region 1 not enough schools participated so always combined with regions 2 & 3
- Deadline to mail surveys back to LISD office – 2 weeks after administration
- Data analysis conducted by TAMU. No baseline data. Collected statewide; random sampling determined by TAMU
- State-funding was being lost so now approved to participate

Jessica – Mental Health Issues

- MH issues on the rise – What can parents can do to support those efforts?
- What is being done?
- Update on TCMHCC – Nancy
- CRCG intro & update from Melissa & Charlette
- Susan – Is COVID being studied?
- Charlotte –reported MH more frequent, earlier ages than before
- Stacy – Trauma experiences and ACEs scores high
- 450 screening & assessment done in LISD
 - Info coming back is lacking
 - Social media is killing our kids
- Better communication about mental health and transition meetings; safety planning on return
- Approval of Minutes for last meeting

- Motion – Lori
- 2nd – Becky
- Vote taken
- Motion passed

Meeting Ended 1:09pm